



Ages 4 - 6

ATA Tigers	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belts		6:30	5:45	4:15		9:15
Orange & Yellow Belts	5:45	5:00	6:30	6:30	4:15	10:45
Camo through Blue Belts	4:15 & 6:30	4:15	5:00	5:45	5:00	12:15
Leadership	4:15	7:15				10:45
Adults All Ranks	8:00		8:00	8:00		1:00

ACADEMY RULES

1. No food consumed inside the Academy.
2. Children not participating in class must be kept quiet and under control at all times and are not permitted to roam throughout the Academy.
3. Interaction with students while in class is not permitted.
4. No running inside the Academy.
5. All students are responsible for their individual training equipment.

Please arrive on time and in uniform.

******* Effective as of 4/30/18 *******

Schedule will change to accommodate enrollments & graduations.



Karate for Kids



614-760-0000

Ages 7 - 12

www.ataincolumbus.com

Karate Kids	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White through Yellow Belts		5:45	4:15	7:15		10:00
Camo through Blue Belts	6:30		5:00	5:45	4:15	10:00
Brown & Red Belts	5:45	5:00		6:30	5:00	12:15
1st Degree Black Belts	5:00	4:15	7:15	5:00	6:30	11:30
2nd Degree Black Belts	5:00		7:15	5:00	6:30	11:30
Leadership	4:15	7:15				10:45
XMA					7:15	
Adults All Ranks	8:00		8:00	8:00		1:00

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614-760-0000

TWEEN/TEEN & ADULT SCHEDULE

www.ataincolumbus.com

TWEEN/TEEN & ADULTS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tween/Teen: White - 1BD	7:15	8:00	8:00		5:45	1:00
Tween/Teen: 2nd & 3rd	7:15	8:00	6:30		5:45	1:00
Tween/Teen Leadership		7:15				
Adults All Ranks	8:00		8:00	8:00		1:00
Adult Leadership		7:15				
XMA					7:15	
Instructor Class						1:45

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